## **HEALTH & WELLNESS COMMITTEE MINUTES**

## February 6, 2013

Present: Thomas Burnell, Beth Hauptman, David Aierstok, Bonnie Murphy,

Terri Hall

Guest: Shannon Riley

1. At the last meeting, it was suggested that priority be given to items 104 (Students have the opportunity to provide input to the implementation of wellness policy activities) and 105 (The status of wellness policy implementation at the school level is communicated annually to school staff, students and families) from the CLS inventory. The Policy subcommittee (Isabelle, Tom, and Terri) needs to meet to discuss, determine, and create an action plan for items they think should be prioritized.

- 2. In order to improve communication with BMS and RHS families, it was decided that:
  - a. A weekly email will be sent by Tom to parents every Friday, informing them of the upcoming week's menu.
  - b. The cafeteria will inform Tom of any changes to the menu (due to school closings, etc.) so that he can email those changes to parents.
- 4. A reminder letter will be sent out to families regarding the availability of free and reduced meals.
- 5. A future goal is to have a Point of Sale system in cafeterias, in which students would have pre-paid accounts. This system is likely to increase sales.
- 6. The Operations sub-committee (Beth, Bonnie, and Tom) will move forward on inventory item #302 (All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising.) They will come up with an action plan and timeline for taking an inventory of these foods and making necessary changes.

## **ACTION ITEMS:**

- 1. The Policy sub-committee needs to meet to discuss, determine, and create an action plan for items they think should be prioritized. (Isabelle, Tom, and Terri)
- 2. Coordination of info sharing so that parents can begin receiving weekly BMS/RHS menus via email. (Tom and Beth)
- 3. A reminder letter will be sent out to families regarding the availability of free and reduced meals. (Tom)
- 4. The Operations sub-committee will come up with an action plan and timeline for taking an inventory of these foods and making necessary changes. (Beth, Bonnie, and Tom)